



VENUE:



C/ Eduardo Primo Yúfera 3 - VALENCIA

COURSE DIRECTORS:
Dr. Vicente Carratalá
Dr. Francisco Lucas



REGISTRATION FEE
350 € + VAT

REGISTRATION FEE PHYSIOTHERAPIST AND
OCCUPATIONAL THERAPISTS
80 € + VAT

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FACULTY

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Carlos Castaño	Fisioperpinyà. Valencia
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Pedro J. Delgado	H. Universitario HM Montepríncipe. Madrid
Miguel Del Cerro	H. Beata María Ana. H. Vithas Internacional. Madrid
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Mireia Esplugas	Institut Kaplan. Barcelona
Carmen García	H. Universitari i Politècnic La Fe. Valencia
Eva Guisasaola	H. Quirónsalud Valencia
Pedro Jiménez	H. Intermutual de Levante. Valencia
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Cristóbal Martínez	Traumaunit C. Médico Teknon-Quirón. Barcelona. H. Quirónsalud. Valencia
Montserrat Ocampos	H. Universitario Infanta Leonor. Madrid

Organizing Secretariat:

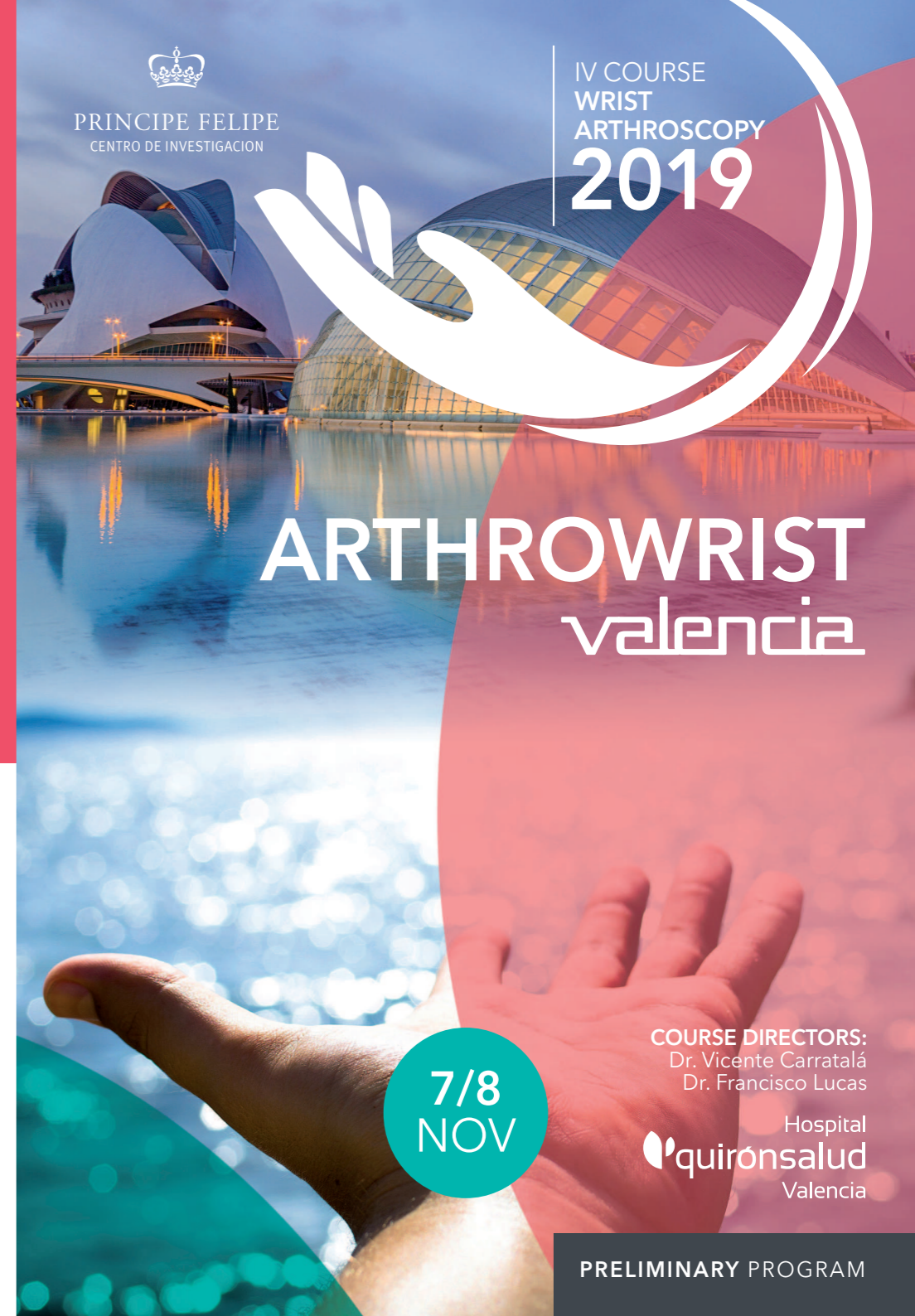


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7/8
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PRELIMINARY PROGRAM

THURSDAY / 7TH NOV

IV COURSE
WRIST
ARTHROSCOPY
2019

- 16:00 h. Registration
16:30 h. **Welcoming:** Vicente Carratalá / Francisco Lucas

BIOMECHANICS, PROPIOCEPTION AND HAND THERAPY

>> CARPAL INSTABILITY

Moderators: Eva Guisasola / Alex Lluch

- 16:40 h. **Intercarpal ligaments basical anatomy. Arthroscopic anatomy**
Carmen García Espert
- 16:50 h. **Clinical- biomechanical correlation in carpal instability**
Mireia Esplugas
- 17:05 h. **The importance of the proprioception in intercarpal ligaments injury**
Alex Lluch
- 17:20 h. **Carpal instability management after the surgery**
Eva Guisasola
- 17:35 h. **The role of the exercise in the functional re-education of the carpal instabilities**
Carlos Castaño
- 17:50 h. Questions

>> ULNAR SIDED WRIST PATHOLOGY

Moderators: Mireia Esplugas / Carlos Castaño

- 18:00 h. **Differential diagnosis of ulnar-sided wrist pain**
Alex Lluch
- 18:15 h. **Biomechanical concepts of the DRUJ**
Mireia Esplugas
- 18:30 h. **Hand therapy after TFCC repair**
Eva Guisasola
- 18:45 h. **Frequent obstacles during the recovery after TFCC repair**
Carlos Castaño
- 19:00 h. Questions

FRIDAY / 8TH NOV

08:00 h. Registration and welcoming of participants

08:30 h. **Welcoming**

SESSION I: DRUJ PATHOLOGY

Moderators: Miguel Del Cerro / Pedro J. Delgado

- 08:45 h. **DRUJ anatomy and biomechanics**
Mireia Esplugas
- 09:00 h. **Differential diagnosis and treatment algorithm of DRUJ pathology**
Alex Lluch
- 09:10 h. **TFCC repair in unstable DRUJ**
Cristóbal Martínez
- 09:20 h. **TFCC ligamentoplasty in unstable DRUJ**
Vicente Carratalá
- 09:30 h. **Atypical TFCC lesion. Arthroscopic treatment**
Riccardo Luchetti
- 09:40 h. **Arthroscopic treatment of the DRUJ sequelae**
Riccardo Luchetti
- 09:50 h. Questions

SURGERIES

Moderators: Pau López-Osornio / Carmen García Espert

- 10:15 h. **TFCC ULNAR TUNNEL REPAIR**
Cristóbal Martínez / Jaime De la Torre
- 10:45 h. **ARTHROSCOPIC TFCC LIGAMENTOPLASTY**
Vicente Carratalá / Francisco J. Lucas
- 11:15 h. Coffee Break

SESSION II: CARPAL INSTABILITIES

Moderators: Mireia Esplugas / Jaime De la Torre

- 11:45 h. **Arthroscopic diagnosis and classification**
Pedro Jiménez
- 11:55 h. **Midcarpal instability. Arthroscopic management**
Pedro J. Delgado
- 12:05 h. **Arthroscopic SL and LT ligamentoplasty**
Fernando Corella
- 12:20 h. **SLAM arthroscopic ligamentoplasty**
Francisco J. Lucas
- 12:30 h. **LT instability. Arthroscopic ligamentoplasty**
Cristóbal Martínez
- 12:40 h. **SLAC wrist. Arthroscopic management**
Joaquim Casañas
- 12:50 h. Questions

SURGERIES

Moderators: Alex Lluch / Riccardo Luchetti

- 13:00 h. **SCAPHOID FRACTURES. TIPS AND TRICKS**
Peter Jorgsholm / Pedro J. Delgado
- 13:30 h. **SL AND LT LIGAMENTOPLASTY**
Fernando Corella / Montserrat Ocampos
- 14:15 h. Lunch

SESSION III: WRIST AND CARPAL FRACTURES

Moderators: Joaquim Casañas / Carmen García Espert

- 15:00 h. **Scaphoid fractures. Arthroscopic treatment**
Peter Jorgsholm
- 15:15 h. **Distal radius fractures. Arthroscopic management**
Jaime De la Torre
- 15:25 h. **Complex carpal fractures and dislocations. Arthroscopic treatment**
Peter Jorgsholm
- 15:40 h. **Utility of athroscopy in the diagnosis of the ligament injury: comparison with MRI**
Riccardo Luchetti
- 15:50 h. **Scaphoid non union. Arthroscopic treatment**
Pedro J. Delgado
- 16:00 h. **Arthroscopic treatment of acute injury of the intercarpal ligaments**
Montserrat Ocampos
- 16:10 h. **Arthroscopic treatment of osteochondral lesions of the wrist**
Pau López-Osornio
- 16:20 h. **Arthroscopic treatment of intraarticular wrist fractures sequelae**
Miguel Del Cerro

16:30 h. Questions

SURGERIES

Moderators: Mireia Esplugas / Pedro Jiménez

- 16:45 h. **TFCC REPAIR, TIPS AND TRICKS**
Riccardo Luchetti / Joaquim Casañas
- 17:15 h. **ACUTE SCAPHOLUNATE INJURY**
Pedro J. Delgado / Fernando Corella
- 17:45 h. Farewell

7/8
NOV

